

Basic suggested packing list for the Fall Foliage Tour

Padded Shorts
Riding Jerseys
Rain Gear – whatever works for you
Light Thermal Shirts
Full Thermal Shirts
Pairs of riding shorts
T-shirts - wicking (cotton is not recommended)
Underwear
Riding gloves
HELMET *must be worn every time you're on a bike
Socks – wicking (cotton is not recommended)
Walking shoes
Shorts
Jeans
Personal items, Soap, Shampoo, etc.
Some snack food
Water Bottles (a Hydro Pack also works well)
Small Pack towel
Sweatshirt
Light Jacket
Camera
Cell Phone
Cell Phone Charger
Bike Tool Kit with a pump, patch kit, tubes for your tires, and tire levers
Bike Lock
Flash Light / Head Light
Front and back lights for your bicycle
Riding Shoes
Bug Spray
Sunscreen

Any personal items needed for a week away from home. Meds, addresses for post cards, credit cards and cash.