

Relay Legs

Leg	Start Time	Start Location	Mile Post	Finish Location	Mile Post
1	7:30 AM	Georgetown	0	Riley's Lock	22
2	9:03 AM	Riley's Lock	22	Monocacy River	43
3	10:32 AM	Monocacy River	43	Harpers Ferry	61
4	11:49 AM	Harpers Ferry	61	Taylors Landing	81
5	1:14 PM	Taylors Landing	81	Williamsport	99
6	2:31 PM	Williamsport*	99	Hancock	124
7	4:16 PM	Hancock	124	Little Orleans	141
8	5:29 PM	Little Orleans	141	Paw Paw	156
9	6:34 PM	Paw Paw	156	Spring Gap	173
10	7:47 PM	Spring Gap	173	Cumberland	184.5/0
11	8:38 PM	Cumberland, MD	184.5/0	Frostburg, MD	15
12	9:43 PM	Frostburg, MD	15	Deal, PA	25
13	10:28 PM	Deal, PA	25	Rockwood	44
14	11:49 PM	Rockwood	44	Confluence	61
15	1:02 AM	Confluence	61	Connellsville	88
16	2:55 AM	Connellsville	88	Smithton	108
17	4:20 AM	Smithton	108	McKeesport	132
18	6:01 AM	McKeesport	132	Pittsburgh	150
Finish	7:18 AM	Pittsburgh	150		

* On road detour

The numbers above are based on 15 MPH + 5 minute for each swap point.

Distance

22

21

18

20

18

25

17

15

17

11.5

15

10

19

17

27

20

24

18

334.5