

FIRST AID

SCENE SAFETY (INDOOR OPTION)



OBJECTIVES: Learn to stay safe while helping others in emergency situations

TIME: 30-45 minutes

MATERIALS NEEDED: Scene Safety Pointers & Scene Safety Scenarios 💡

SAFETY POINTERS: Remind students to take this seriously, as they never know if they'll come across a real situation they can handle this way!

ACTIVITY OUTLINE

- 1. Introduce today's activity.** Today we'll learn to calmly and safely approach someone who may be hurt.
- 2. Go Over Pointers,** using the Scene Safety Pointers. Have students follow along by holding up their fingers for each pointer. Discuss: what do each of these mean to you? Questions?
- 3. Hand Out Scene Safety Scenario Cards** and split into 5 groups to prepare a skit around each scenario. Have students walk through each step of OH SNAP as they approach the situation.
- 4. Debrief.** One typical point of confusion is why #1 is "I'm #1." In fact, the order of priority is You, the Group, THEN the victim. You can't help anyone if you're hurt, and you don't want to create any MORE victims.

FIRST AID

BASIC FIRST AID (INDOOR OPTION)

ACTIVITY OUTLINE

- 1. Introduce today's activity.** Using what we've learned about scene management, we'll learn and practice basic First Aid.
- 2. Introduce the ABCs,** found in the second half of the Scene Safety Pointers. With a partner, students can practice checking each other for vitals and telling another person to call 911.
- 3. Explore First Aid Materials.** Pass around your first aid kit, and have students discuss what they find inside. What is it for? How do you use it?
- 4. Revisit Scene Safety Scenarios.** Give students basic first aid supplies, their scene safety scenarios, and have them pretend to treat minor injuries (putting pressure on cuts, washing out minor scrapes, applying an ice pack).



OBJECTIVES: Learn basic first aid in responding to emergency situations.

TIME: 30-45 minutes

MATERIALS NEEDED: Scene Safety Pointers, Scene Safety Scenarios, 💡 gauze, roll bandages, ice packs, first aid kit

SAFETY POINTERS: Do not attempt CPR on each other, even pretend. Real CPR can break ribs!