

# Layering Game

**Group Size:** 10 - 15

**Age Group:** 2nd - 5th

**Length of Activity:** 10 - 15 minutes

**Developmental Goal:** Teamwork, communication, learning about appropriate outdoor clothing choices

**Skills Practiced:** Running, Clothing Selection for outdoor activities

**Equipment Needed:** One large assortment of appropriate and inappropriate clothing. There should at least two pairs of socks, base layers, shirts, shells, hats, gloves, etc....anything you might wear outside

## Before you Start:

Place the clothes in a large pile about 20 yards away. Split the group into two teams behind a designated starting line.

## How to Play:

- Each team will pick a model (who will also be the team leader), and then the rest will be runners.
- Line up one runner from each team to race out to the pile.
- When they race to the pile, they have to root through to find the specific article of clothing they were assigned. There are multiples of each article, they should pick the one that's best suited for going into the outdoors in the Autumn.
  - Example: Joe & Jen line up to race first, and they are told to bring back a pair of socks for the team. 3...2...1 GO! and they take off to the pile. When they get there they have to find the pairs of socks, and bring back 1 pair. There will be low and high cotton and wool socks in the pile. They bring back whatever they think is best.
- Race for:
  - Socks
  - Pants
  - Shirt (base layer)
  - Jacket (warmth and protection from elements)
  - Hat
  - Replacement round - If you have extra kids, you can send them out again to get an item to replace their existing item. i.e. round 7 is sock replacement, if you're not happy with the socks your team has you can run out, drop what you already had, and then find a replacement. The other team can steal what you drop when you drop it. Keep going until everyone has except the model/ team leader

- Once the rounds are complete, the models will have to put on all the clothes. This is also a race.
- When the models are dressed, the game is over.
- talk through each layer and what should be worn outside.